The Wilmington Trail Club (WTC) has been in existence for over 80 years. Our members participate in a variety of outdoor activities such as paddling, hiking, biking and skiing. The Paddling Group has over 200 active paddlers from Delaware, New Jersey, Maryland, and Pennsylvania. If you want to learn how to kayak, the Wilmington Trail Club offers both whitewater and touring instruction courses by certified American Canoe Association (ACA) instructors. All courses are registered and insured with the ACA. If you’re already an accomplished paddler, we invite you to join us on any of our many paddling trips. We hope you’ll come and join us on the water!

WHO WE ARE

Visit: www.wtckayak.com
or email: wtcpaddling@gmail.com

SIGN UP NOW FOR 2020 KAYAK TRAINING

Pool sessions extend from January through March at the Fraim Center for Active Adults on S. Union Street in Wilmington. Sessions are every other Sunday, 8:30 a.m. to 10:30 a.m. (Jan. 12 & 26, Feb. 9 & 23, Mar. 1 & 8), except holidays. Costs vary from $10 to $20. Wet exit and rolling lessons are conducted by ACA-certified, WTC instructors. Equipment is available for use, email wtcpaddling@gmail.com no later than the prior Thursday to schedule.

Learn to Roll

Friday, April 3 • 7 p.m. – 9 p.m.
Ashland Nature Center
3511 Barley Mill Road • Hockessin, DE 19707

MORE INFORMATION
Visit wilmingtontrailclub.org
• Whitewater and Touring Paddling calendar
• Other Club activities: hiking, biking and skiing
• Wilmington Trail Club Membership

facebook.com/groups/wilmingtontrailclubpaddlers
Safety Session

Prior to kayak training, each student is required to attend the safety session which consists of a classroom portion followed by a pool session—so come prepared to get wet!

The classroom portion will focus on paddle sport introduction, training details, equipment and safety. Following this, each student will be required to successfully pass three skill sets in the pool:

1. Swimming Proficiency Test: must be able to swim one length of the pool using any stroke.
2. Wet Exit Test: learn how to easily and safely exit a kayak should it capsize. Each student will be required to demonstrate their own wet exit.
3. Proper use of a PFD (Personal Flotation Device).

Tuesday, May 5, 7 – 9 p.m.
McKean High School
301 McKennans Church Rd.
Wilmington, DE

Touring Kayak Training

The touring kayak training is a progression that takes the kayaker from paddling on a pond or lake, to paddling on gently moving water. All courses must be taken in order.

Maximum class size: 28

ESSENTIALS OF RIVER KAYAKING—DAY 1
Saturday, May 16
Lums Pond State Park

ESSENTIALS OF RIVER KAYAKING—DAY 2
Sunday, May 17
Brandywine River

WHERE WE PADDLE:
• Brandywine River
• NJ Pine Barrens
• Sassafras River
• Bohemia River

Whitewater Kayak Training

The whitewater training program is a progression that takes the kayaker from paddling on still water, to moving water, to whitewater. All whitewater training is conducted on the Lehigh River. See www.wtckayak.com and click Whitewater Training for more info. Maximum class size: 24

CURRICULUM I
Saturday & Sunday, May 30 & 31

CURRICULUM I & II
Saturday & Sunday, June 13 & 14

CURRICULUM II & III
Saturday & Sunday, July 11 & 12

WHERE WE PADDLE:
• Lehigh River
• Muddy Creek
• Tohickon Creek
• Youghiogheny River

INTERMEDIATE/ADVANCED CURRICULUM:
WTC offers a broad continuum of programming for those ready to enhance their skills. Visit wilmingtontrailclub.org for more details!